

Shul of New York B-Mitzvah Program

Our Jewish Journey: Major Topics and Values

Over 10 monthly sessions, lesson time with Co-Spiritual Director Adam Feder will be an engaging exploration of what it is to be Jewish. We will explore our history, our Torah, our values, customs, holidays, and prayers, Israel, the Holocaust and ways we find our own connections to being Jewish. Sessions will include engaging lessons, occasional visits from the rabbi, plus an assignment to prepare for the next session.

Major Topics

Jewish Holiday Cycle: From Shabbat to The High Holidays.

Torah: We are The People of The Book: From Torah to Talmud and Beyond.

History: Important Moments: Biblical history, The Diaspora, The Holocaust, and Contemporary Times and Reforms.

Israel: Why is it so important to the Jewish people?

Jewish Values:

- Tzedek/Tzedakah/Tzedek Tirdof (Justice/Fairness)
- Chesed/G'milut Chasadim (Lovingkindness)
- Kehillah (community)
- Being a Mensch
- Kavod (respect)
- Shalom (peace)
- Tikkun Olam (healing the world)
- Talmud Torah (study)
- L'Dor Vador (continuity/from generation to generation)
- Zachor (remember)
- Mitzvot (commandments or deeds)

Prayer: How Jews pray: The prayer book/Siddur.

“Chillin’ like Dylan” Jewish contributions to science, scholarship, the arts, sports, and the world.

Exploration of Jewish Themes:

- Al Shloshah D'varim. “Upon three things the world stands: On Torah, on service (prayer), and on loving kindness.”
- “Whoever kills one life kills the entire world, and whoever saves one life saves the world entire.”
- Additionally, we will learn from a contemporary Jewish Rap Poem: The L'Dor Vador Rap! (written by Adam Feder)